

Mt. Clemens, Michigan Bath City U.S.A.

Mt. Clemens has been known as Bath City USA for more than a century. People flocked to Mt. Clemens to soothe their bodies in the healing mineral waters of the Michigan Basin. The discovery of the healing properties of the waters was first noted by Dorr Kellogg in 1870. Through knowledge that the sea water had relieved his eczema, he turned to the waters of Mt. Clemens to soothe his diseased skin. After a series of baths, he became cured. The first bath house, "The Original" was built in 1873, and had a well that could produce 1,000 barrels a day of water. Visitors and residents alike took to the baths, and the hotel & bath house industry took off. The last bath house providing mineral baths, The Arethusa, burned in 1976, ending the bath era of Mt. Clemens.

The historical bath houses have been all but forgotten, but the history lives on. The highly concentrated minerals found in Mt. Clemens waters exceed that of any body of water in the world. The only well left in town is owned and operated by Mineral Essentials®. They provide products utilizing Mt. Clemens water as their foundation.

Olympia Salon & Spa, along with Mineral Essentials®, are bringing back the bath era by offering mineral baths once again. The 34 minerals in the baths work to:

- Promote healthy cell metabolism
- Reduce muscle and joint aches
- Improve circulation
- Strengthen, rebuild and maintain skin's structural integrity
- Cleanse and purify skin
- Combat acne, blemishes and impurities on the skin
- Protect against fluid loss



FULL SERVICE SALON & SPA

About Us

Whether you're looking to spend a day being pampered, or you need one of our express treatments, Olympia Salon & Spa offers a full menu of services to accommodate your needs. We look forward having you as our guest!

117 Cass Avenue
Suite 100
Mt. Clemens, Michigan 48043
(586) 783-4970

Hours

Monday 10:00 a.m. to 6:00 p.m.
Tuesday 9:00 a.m. to 8:00 p.m.
Wednesday 9:00 a.m. to 9:00 p.m.
Thursday 9:00 a.m. to 9:00 p.m.
Friday 9:00 a.m. to 9:00 p.m.
Saturday 9:00 a.m. to 6:00 p.m.
Closed Sundays

www.olympiasalon-spa.com

We also offer a private **Spa Party Suite** available to book for parties of up to 15 people. Perfect for spa parties, birthdays, showers and other small gatherings. Ideal place to get ready for your wedding day! Have bridal party hair, makeup and nails done in our salon and have your pre-wedding photographs taken in this professionally decorated suite. This spacious 1045 square foot suite features:

- Formal dining room
- Kitchen with amenities
- Private bathroom
- Couple's massage room
- Changing room
- Sitting room
- Two pedicure chairs and two nail stations

Call us for a tour and details.

Spa Etiquette

We hope the following information will enhance your experience with us at Olympia Salon & Spa. If you still have questions or concerns after reading our spa etiquette, please feel free to contact us. Any member of our staff would be happy to assist you and answer any additional question you may have.

What types of payment do you accept?

We accept all major credit cards and cash. Checks are accepted from established clientele only. A \$35 fee is charged for returned checks.

What is your cancellation policy?

We ask that you give 48 hours' notice when cancelling. If services are cancelled/rescheduled in less than 24 (salon business) hours, a \$35 cancellation fee will be charged for each service. When booking packages, half of the service total is required as a deposit for the services to be booked. This deposit is refundable if the appointment is cancelled/rescheduled at least 24 (salon business) hours prior to appointment. We have a "no refund" policy on services and retail products.

Is gratuity included?

Gratuity is not included in our prices. Gratuities are always appreciated and are at your discretion.

How can I purchase a gift card?

Gift cards can be purchased in our salon or on our website, www.olympiasalon-spa.com. Gift cards can be purchased for a service or package, or simply a dollar amount to let the recipient choose.

Can a gift card be applied towards a different service or package?

Yes. The value of your gift card can be applied toward any service or product.

Gift cards are non-refundable.

When should I arrive for my appointment?

We ask that you arrive fifteen minutes prior to your appointment time, which will allow you time to check-in, fill out any necessary forms, and relax prior to your services.

We understand that on occasion, circumstances arise that may result in a late arrival. We will do our best to accommodate you, but to avoid disruptions to our other guests, we may have to shorten your service or reschedule your appointment.

Spa Services

| | | |
|--|-----------------------------|--------------------------------|
| Image Consultation | 30 minutes | \$75 |
| Let our professional image consultant help cultivate a fresh, updated appearance for you. Whether you're returning to the workforce or looking to feel more confident and youthful in your appearance, this service is the place to start! | | |
| Mineral Bath | 30 minutes | \$35 |
| The 34 natural minerals from Mt. Clemens healing waters are easily absorbed into the skin to mineralize and replenish cells naturally. | | |
| Airbrush Tanning (Full Body) | | \$45 |
| A technician airbrushes the client from head to toe. The tan should last 7 to 10 days and process within 12 hours. Client should come to appointment freshly showered and skin exfoliated with no lotion on skin prior to service for maximum results. | | |
| Tanning | Per visit | \$8 |
| High-pressure stand up tanning bed | One month unlimited | \$35 |
| Ear Candling | | \$40 |
| Utilizing herbal cones, ear candling is a homeopathic remedy to relieve pressure in sinuses and ears to improve balance. | | |
| Teeth Whitening | | \$99 |
| Sauna | Small one-person sauna \$20 | Deluxe 2 – 4 person sauna \$45 |
| Thirty minutes in our infra-red, dry heat sauna. | | |
| Cellulite Treatment | | \$95 |
| The GX-99 cellulite treatment works by increasing blood circulation and gently stretching the vertical connective fibers, reducing dimpling. | | |
| Body Wrap | | \$90 |
| This program is a toxin cleanse that creates a definite size loss from fatty areas. Cotton cloth strips are soaked in aloe and herbs, heated, and applied to the entire body in a mummy style wrap. Client should come to appointment with extra undergarments and no lotion on the skin. | | |
| Youth Light Treatment | 30 minutes | \$60 |
| Intense Pulse Light (IPL) is also referred to as Photo Rejuvenation. IPL uses pulses of visible therapeutic light over many wavelengths that deliver energy to all layers of skin. | | |
| Oxygen Treatment | | \$35 |
| Increased oxygen absorption can help provide clearer thinking, enhanced concentration and memory, increased energy and performance, increased metabolism, improved absorption of vitamins and minerals, and healthier, younger-looking skin. This treatment can be done during many of our other services. | | |
| Dry Brushing | 20 minutes | \$40 |
| A soft bristled brush is used to exfoliate the skin and invigorate the entire body. Best enjoyed before a mineral bath or massage. | | |

Hair Care

Cuts

| | |
|--|-------------|
| Haircut, Shampoo, Blow Dry | \$60 and up |
| Haircut, Shampoo, Blow Dry, Flat Iron | \$80 and up |
| Shampoo & Style Only | \$40 and up |
| Special Occasion Style | \$80 and up |

Color

| | | |
|-------------------------------------|--------------|-----------------------|
| | <u>Short</u> | <u>Medium to Long</u> |
| Highlights | \$80 and up | \$120 and up |
| Highlights w/toner (glazing) | \$120 and up | \$160 and up |
| Color | \$80 and up | \$120 and up |

Advanced Color Techniques

| | |
|-----------------------|--|
| Fashion Color | By Consult |
| Pre-lightening | By Consult |
| Color Melting | <u>Partial</u> \$160 and up <u>Full</u> \$200 and up |

Perms

AMERICAN WAVE by Nick Arrojo

Creates soft, natural looking wave and curl patterns and promotes the graceful elegance and individuality of texture to style-conscious consumers. Gently softens out of hair after approximately three months. \$300 and up

| | | | |
|--------------------------|--------------|---------------|--------------|
| | <u>Short</u> | <u>Medium</u> | <u>Long</u> |
| Traditional Perms | \$120 & up | \$160 & up | \$200 and up |

Treatments

Treatments Include Shampoo & Style

| | |
|--|-------------|
| Scalp Treatment for Thinning Hair | \$40 and up |
| Deep Conditioning Treatment | \$40 and up |

Extensions

| | |
|----------------------------|------------------|
| Extensions/take off | Consult required |
| Weave | Consult required |

Men's Treatments

| | |
|--|-------------|
| Premium Men's Cut | \$40 and up |
| (includes haircut, shampoo with scalp massage and hot steamed towels for the face) | |
| Beard/Mustache Trim | \$25 and up |
| Beard Tint | \$40 and up |

Hair Care

Hair Straightening/Smoothing Services

Cezanne Keratin Smoothing Treatment

Cezanne Smoothing Treatments create smoother, more manageable, frizz-free hair while restoring natural shine and making hair healthy and more manageable – all without toxic chemicals. 100% formaldehyde free, botanically infused and lower PH for smoother results.

| | CLASSIC | INSTANT | EXPRESS | BLONDE |
|----------|----------------|---------------|---------------|----------------|
| Duration | up to 5 Months | up to 6 Weeks | up to 8 Weeks | up to 5 Months |
| Pricing | \$300 & up | \$75 & up | \$250 & up | \$350 & up |

Japanese Hair Straightening (Pin Straight) \$650 and up
 Permanently straighten curly, wavy, frizzy and hard to manage hair. After treatment, you will have pin straight, smooth, silky and shiny hair that's healthier than before the treatment.

Japanese Hair Straightening (Semi-Straight) \$350 and up
 Hair will be straight but still have body.

Relaxer Virgin \$120 and up Retouch \$80 and up
 Break curl patterns by approximately 80 percent while moisturizing and conditioning hair. Touch-ups on new growth required every 6 to 8 weeks.

Makeup & Lashes

| | |
|------------------------|------|
| Eyelash Tint | \$40 |
| Brow Tint | \$40 |
| Eyelash & Eyebrow Tint | \$73 |
| Lash Lift | \$75 |

Makeup Application

| | |
|---|-------|
| Makeup Application (traditional or airbrush) | \$80 |
| Makeup Application with Instruction | \$110 |
| Lashes (cluster – up to one week) | \$40 |
| Lash Extensions (individual – includes aftercare kit) | \$255 |

Permanent Makeup/Tattoo/Microblade

Consult Required for Initial Procedure

| | |
|----------------------------|----------------------|
| Eyebrows | \$500 |
| Eyeliner | \$500 |
| Full Lips | \$600 |
| Lip Liner | \$400 |
| Brow Microblading | \$500 |
| Scar Camouflage and Areola | by consultation only |
| Scalp Micropigmentation | by consultation only |

Spa Packages

| | | | |
|--------------------------|---|-----------|---------------|
| Queen's Combo | Manicure Haircut and Style Makeup Application | 2 hours | \$170 |
| Olympia Royal | 60 Minute Massage 60 Minute Customized European Facial Spa Pedicure | 3 hours | \$230 |
| Aphrodite Getaway | Hot Stone Massage 60 Minute Customized European Facial Manicure and Pedicure Haircut and Style | 5 hours | \$350 |
| Helen of Troy | Body Wrap 60 Minute Customized European Facial Manicure and Pedicure Haircut and Style | 5 hours | \$320 |
| Package #1 | 60 Minute Customized European Facial 60 Minute Therapeutic Massage Manicure and Pedicure | 4 hours | \$250 |
| Package #2 | 60 Minute Customized European Facial Hot Stone Massage Haircut and Style | 3.5 hours | \$260 |
| Package #3 | Manicure and Pedicure Shellac Manicure and Pedicure (Shellac on fingers only) | | \$90 \$100 |
| Package #4 | 60 Minute Customized European Facial 60 Minute Therapeutic Massage | 2 hours | \$160 |
| Package #5 | Package of 5 Mineral Baths | | \$157.50 |

The minerals have the greatest effect with a series of baths. A \$20 savings.

Massage

Aromatherapy Massage 60 minutes \$90
 Our traditional therapeutic massage is combined with a unique blend of essential oils to melt away stress and tension. Beneficial for headaches, sinus pain, low energy and fatigue.

Reflexology Massage
 30 min./\$55, 45 min./\$65, 60 Min./\$75
add aromatherapy \$75

This treatment uses acupressure and massage on specific points on the hands and feet which directly correspond to various organs to promote wellness, stimulate the body's healing abilities, and promote relaxation.

Back and Neck Release 45 Minutes \$70
 This treatment helps release upper back and neck tension with myofascial stretching and massage techniques.

Cold Stone Facial Massage 30 minutes \$60
Thai Stretching Massage 90 minutes \$90
Prenatal Massage 60 minutes \$90

This massage caters to the mom-to-be, focusing on the unique stresses placed on a woman's body during pregnancy. Safe for any stage of pregnancy (with Doctor's approval.)

Thai Herbal Ball Massage 75 minutes \$115
 This ancient Thai treatment involves muslin fabric balls containing medicinal herbs that are steamed and applied to the body. The herbs have anti-inflammatory and detoxifying properties and offer a unique healing experience.

Cupping Therapy Massage 75 minutes \$90
 Silicone suction cups are applied to the client's back to increase blood flow, circulation and relieve muscle tension.

Foot Massage 30 minutes \$50
 A ten-minute soak in our jetted pedicure tub followed by a luxurious twenty-minute massage utilizing pressure points and reflexology.

Spa Packages

Couple's Massage 1 hour \$160
 Massage for Two

Couple's Jacuzzi Suite 2 hours \$205
 45 Minute Soak in Jacuzzi Tub
 Couple's Massage
 Add Champagne (2 glasses of champagne) \$15
 Add Mt. Clemens Minerals \$30

Couple's Sauna Suite 1.5 hours \$220
 30 Minute in Deluxe Infrared Dry Heat Sauna
 Couple's Massage

Mom's Meltdown 3 hours \$210

Nail Care

Nail Overlay Full Set over natural nails: over tips:
 (acrylic/gel/fiberglass/dip powder) \$58 \$65
Fill In (acrylic/gel/fiberglass) \$40
Dip Powder Soak Off with Reapplication \$70
Sculpture Full Set \$70
Pink & White Fill with white tip backfill \$50
Soak Off (acrylic/gel/fiberglass) \$20 **Soak Off** (shellac/dip w/o reapplication) \$10

Basic Manicure \$30
Spa Manicure \$40
Paraffin Dip (add-on) \$20
Shellac Manicure \$40 and up
Nail Repair \$5/nail and up
Polish Change and Buff (fingernails) \$20
Polish Change and Buff (toes) \$20

Pedicure 60 minutes \$60
 This relaxing 60 minute service includes aromatic foot soak, nail reshape, cuticle care, callus care, exfoliation, moisturization, foot massage and polish application

Spa Pedicure 75 minutes \$70
 Our spa pedicure includes a full pedicure along with your choice of a paraffin dip applied to the soles of the feet, or a moisturizing masque applied to the feet which are then wrapped in warm towels. A relaxing 75-minute service.

Heel and Callus Treatment Pedicure 75 minutes \$70
 This service includes a full pedicure along with extra care for dry, cracked heels and calluses. A safe, pain-free and relaxing way to remove dry skin build up and calluses. After this 75-minute service, your feet will be soft, smooth and beautiful!

Waxing

Eyebrows \$20 and up
Upper Lip \$12 and up
Chin \$20 and up
Nose/Ears \$15 and up
Sides of Face \$30 and up
Legs half \$60 and up full \$85 and up
Stomach/Chest \$50 and up
Fingers/Toes \$30 and up
Back Wax \$75 and up
Underarm \$45 and up
Arm half \$45 and up full \$55 and up
Bikini \$55 and up
Brazilian \$90 and up

Permanent Hair Removal

Electrolysis \$2/minute with 30 minute/\$60 minimum

Facials

Customized European Facial 60 minutes \$80
Tailored for all skin types, this facial includes deep pore cleansing, exfoliation, a stress-relieving facial massage, customized mask, and moisturizer.

Collagen Rehab Facial 60 minutes \$90
Rehabilitate your skin's aging, lined, exhausted appearance with this innovative, collagen-targeted treatment. After an invigorating exfoliation and Youth Renewal Massage, your skin will be saturated with a powerful amino acid power treatment to help support skin's youth collagen and elastin performance – so lines appear filled, skin looks firmer, and acts years younger. You'll emerge with improved line appearance, and renewed, firmer and more dewy skin.

Radiance Rescue Facial 60 minutes \$90
Want instant radiance? This facial is designed to wake up your skin and under eye puff. You'll experience an invigorating deep cleanse, refreshing exfoliation, and a Youth Renewal Massage. Next a pro-concentrated radiance power treatment and mask will indulge your skin with a luminous glow. A must-book treatment before any big event – or any time you want radiant skin.

Vitamineral Power Facial 60 minutes \$90
Designed for prematurely aging skin conditions, this facial infuses skin with Vitaminerals A, C & E to firm, strengthen, smooth and nourish.

Firmamint Anti-Aging Facial 60 minutes \$90
Great for skin that is showing signs of age such as sagging, fine lines and dullness. A thorough cleansing is followed by our exclusive layered exfoliation process, energizing massage and ultra-tightening mask. This facial is designed to restore firmness to sagging skin as it lifts, tightens and soothes

Deluxe Alpha Blend Maximum Exfoliate Facial 60 minutes \$90
This mix of professional strength alpha hydroxyl acids revs up circulation to promote new cell growth, diminish surface wrinkles, and give an even-toned complexion.

Dermablading 45 minutes \$90
w/customized facial 75 minutes \$100
Simple and safe procedure for exfoliating the epidermis and ridding the skin of trapped dirt, oil and fine vellus hair.

Microdermabrasion 50 minutes \$95
This treatment uses micro crystals to remove dead and damaged skin cells. Skin will gradually appear smoother, firmer, younger and more radiant. This is also very effective for the treatment and control of problem skin. For best results 5+ sessions are recommended.

Acne Cleansing Facial 60 minutes \$85
Power packed with highly effective acne fighting ingredients, this system works together 24 hours a day to clear up existing blemishes, prevent future breakouts and heal visible signs of past acne.

Facials

Acupressure Facial 45 minutes \$70
This treatment helps to relieve headaches and sinus pressure by utilizing pressure point massage and essential oils.

Back Treatment 60 minutes \$90
This hard to reach area is often the most neglected part of the body. Includes cleansing, exfoliation, mask and hydrating moisturizer.

Invigorating Maintenance Facial 30 minutes \$60
A booster treatment that will keep your skin in perfect balance for clients on the go or between monthly facials. Includes cleansing, exfoliation, custom mask and moisturizer.

Skin Treatment for Men 60 minutes \$80
A customized treatment designed to help keep the skin looking healthy and easier to shave. Includes deep cleansing, enzyme therapy exfoliation, facial massage, custom mask and moisturizer.

Three Facial Peels to Choose from 60 minutes \$90
Ultra-Detox Chemical Peel
Extra Strength Alpha Blend Glycolic Peel
Lactic Acid Peel

Our esthetician will choose the correct peel that will be the most appropriate for your skin and recommend a peel schedule to assist you in achieving the results you want. Recommended for aging skin, lines and wrinkles, flaky skin, hyperpigmentation, clogged pores, comedones, milia, and rough texture.

A recommended peel package includes five peels for \$360, a savings of \$40.

Massages

Therapeutic Massage 30 minutes \$60
60 minutes \$80
90 minutes \$120

This classic full-body massage uses light to moderate pressure, promising to soothe aching muscles and relieve tension and stress.

Deep Tissue Massage 30 minutes \$70
60 minutes \$90

This full-body massage uses deeper pressure to release chronic muscle tension, relieve pain and restore proper range of motion.

Hot Stone Massage 75 minutes \$120
This massage combines the traditional therapeutic massage with warm polished basalt stones which are strategically placed on the body and incorporated into the massage to promote a sense of calmness and promote deep relaxation.